

NAME: _____ DATE: _____

DATE OF BIRTH: _____ AGE: _____

Weight: _____ lbs Height: _____ ft _____ in

VENOUS HEALTH HISTORY

Symptoms: Onset of symptoms (date symptoms began): _____

- | | R Leg | L Leg |
|----------------------------|--------------------------|--------------------------|
| Aching / pain in legs | <input type="checkbox"/> | <input type="checkbox"/> |
| Heaviness | <input type="checkbox"/> | <input type="checkbox"/> |
| Tiredness / fatigue | <input type="checkbox"/> | <input type="checkbox"/> |
| Itching / burning / warmth | <input type="checkbox"/> | <input type="checkbox"/> |
| Leg cramping | <input type="checkbox"/> | <input type="checkbox"/> |
| Leg restlessness | <input type="checkbox"/> | <input type="checkbox"/> |
| Throbbing | <input type="checkbox"/> | <input type="checkbox"/> |
| Swelling | <input type="checkbox"/> | <input type="checkbox"/> |
| Leg restlessness | <input type="checkbox"/> | <input type="checkbox"/> |

Major surgery / hospitalizations:

- Do your symptoms interfere with your sleep?
- Are your symptoms worse later in the day?
- Are your symptoms worse with or after activity?
- Do your symptoms keep you from doing anything?
- Do you find the need to move your leg(s) to relieve an uncomfortable feeling?

Conservative Measures Used Currently or Previously: (please check those measures that you have tried)

- Pain medications Weight loss Leg elevation Job change
- Exercise Compression stockings or leg wraps? Strength of stockings: _____ mmHg

Please check below if you have, or have had, any of the following:

- | | |
|---|--|
| <input type="checkbox"/> A prior evaluation for your veins: _____ (yr) | <input type="checkbox"/> A family history of vein disease |
| <input type="checkbox"/> Previous vein surgery or laser treatments: _____ (yr) _____ R _____ L | <input type="checkbox"/> A family history of leg ulceration |
| <input type="checkbox"/> Previous vein injections: _____ (yr) _____ R _____ L | <input type="checkbox"/> A family history of blood clots |
| <input type="checkbox"/> Bleeding from a vein: _____ (yr) _____ R _____ L | <input type="checkbox"/> A family history of a clotting disorder |
| <input type="checkbox"/> A leg ulceration: _____ (yr) _____ R _____ L | |
| <input type="checkbox"/> Superficial thrombophlebitis or an inflammation of a vein: _____ (yr) _____ R _____ L _____ (Location) | |
| <input type="checkbox"/> Any type of blood clot: _____ (yr) _____ R _____ L _____ (Location) | |
| <input type="checkbox"/> Any type of clotting disorder: _____ (Diagnosis) | |
| <input type="checkbox"/> Migraines with aura | |
| <input type="checkbox"/> Diagnosed with a PFO (patent foramen ovale) | |

Women Only: (Please check box if yes)

- Are you pregnant or considering a pregnancy sometime in the future?
- Are you breast-feeding? Are your legs more painful associated with menstruation?
- Have you been diagnosed with Pelvic Congestion Syndrome and/or had bulging veins during pregnancy?
- Number of Pregnancies: _____ Deliveries: _____ Miscarriages: _____ Children's ages: _____